

# Family Resource Guide



Success By 6 is a community-based public-private partnership working together to ensure all children develop the emotional, social, cognitive and physical capacities and skills they need to enter school read to learn.

## HOTLINE NUMBERS

Alabama Medicaid Patient Info.	1-800-362-1504
ALL Kids (Health Insurance)	1-888-373-5437
Poison Control Hot Line	1-800-222-1222
Crisis Center Hot Line	323-7777
Crisis Center Teen Link	328-5465
Kid's Help Line	328-5437
Parenting Assistance Line (PALS)	1-866-962-3030
Alabama Children's Services	1-334-242-9500
United Way of Central Alabama	2-1-1

## LATINO RESOURCES

HICA	942-5505
Multicultural Resource Center	987-4771

## Ten Simple Things to Promote Healthy Development

1. Talk and sing with your child
2. Read with your child everyday
3. Provide materials that prepare your child for writing
4. Limit TV viewing
5. Provide opportunities for play and exploration
6. Role model reading
7. Visit libraries and bookstores
8. Give your child a healthy start
9. Select quality child care
10. Instill a life-long love of reading

Source: I Am Your Child  
[www.iamyourchild.org](http://www.iamyourchild.org)

## CHILDCARE and HEADSTART (HS)

Childcare Resources	1-800-822-2734
Shelby County Head Start	672-9908
JCCDC HS Family Child Care	933-1095
JCCEO HS & Early Head Start	327-7500
Blount County Head Start	625-6254
St. Clair County HS	338-9694
UAB Early Head Start	934-5736
Walker County Head Start	387-0555

## COMMUNITY/PARENTING PROGRAMS

Alabama Cooperative Extension System	
Jefferson County	325-5342
St. Clair County	338-9416
Walker County	221-3392
Alabama Public Television	451-0129
Birmingham Healthy Start	324-4133
Blount County Children's Center	274-7226
Childcare Resources	1-800-822-2734
Children's Aid Society	251-7148
Educational Talent Search	856-7996
Exchange Club Family Skills Center	801-5151
Family Guidance Center of Alabama	945-6000
Kids and Kin	1-800-499-6597

## COUNSELING

Amelia Center Grief Counseling	251-3430
Catholic Family Services	324-6561
Chilton Shelby Mental Health Center	663-1252
Collat Jewish Family Services	879-3438
Eastside Mental Health Center (St. Clair, Blount)	338-7525
Family Guidance Center of Alabama	945-6000
Gateway	510-2755
Gateway –Shelby	510-2780
N.W. AL Mental Health Center (Walker)	302-9000
Oasis Counseling for Women & Children	933-0338
Samaritan Counseling Center	823-2410

## HEALTH and SAFETY

American Red Cross- Bham Chapter	458-8282
Cahaba Valley Health Care	991-8771
Children's Hospital	939-9100
CHECK Center	939-9377
Children's Rehabilitation Service	290-4550
Mpower Ministries (Jefferson)	595-5959
KID ONE Transport	1-800-543-7143
Birmingham District Dental Society	933-1718
Sight Savers of America	1-877-942-2627
Alabama Dental Association	1-800-489-2532

## HEALTH DEPARTMENTS

Blount Co. Health Dept.	274-2120
Jefferson Co. Health Dept.	933-9110
St. Clair Co. Health Dept.	338-3357
Shelby Co. Health Dept.	664-2470
Walker County Health Dept.	221-9775

## LITERACY

Literacy Council of Central Alabama	1-888-448-7323
Blount Co. Library	274-7641
Jefferson Co. Library Cooperative	226-3615
Shelby Co. Library	669-3910
St. Clair Co. Library	884-1015
Walker Co. Library	221-8512

## SCHOOL SYSTEMS

Birmingham City Schools	231-4600
Blount County Resource Center	625-4103
Oneonta City Schools	625-5812
Jasper City Schools	384-6880
Jefferson Co. Board of Education	379-2000
Shelby Co. Board of Education	682-7000
Shelby Co. Schools Social Worker	682-7187
St. Clair County Schools	594-7131
Tarrant City Schools	849-3700
Walker Co. Board of Education	387-0555

## SPECIAL NEEDS

Alabama Child Find: Birth – Age 3	1-800-543-3098
Alabama Special Education: Age 3 – Age 21	1-800-392-8020
Alabama Disability Advocacy Program	1-800-826-1675
ARC: Jefferson and Blount County	323-6383
Shelby County	664-9313
St. Clair County	884-2680
Walker County	387-0564
Autism Society of Alabama	951-1364
Bell Center – Early Intervention	870-0081
Easter Seals Pediatric Therapy	621-6503
Glenwood, Inc.	969-2880
United Cerebral Palsy –Hand in Hand	944-3939
Child Care Training/ Support	944-3966

