



# THE WALKING SCHOOL BUS



**A FUN, SAFE WAY FOR YOUR CHILD TO WALK TO SCHOOL!**



**Healthy Kids, Healthy Communities of Jefferson County**

3600 8th Avenue South  
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website: [www.uwca.org/health](http://www.uwca.org/health)



An initiative of:

Healthy Kids, Healthy Communities of Jefferson County  
United Way of Central Alabama  
YMCA of Greater Birmingham  
Jefferson County Department of Health  
Regional Planning Commission of Greater Birmingham  
Health Action Partnership



## PERMISSION/REGISTRATION FORM

Please return to your child's school or to the address on the front cover.

NAME OF CHILD(REN)

GRADE

FOOD ALLERGIES/MEDICAL CONDITIONS

1. \_\_\_\_\_

2. \_\_\_\_\_

PARENT/GUARDIAN NAME(S): \_\_\_\_\_

ADDRESS: \_\_\_\_\_

EMAIL: \_\_\_\_\_

MAIN CONTACT #: \_\_\_\_\_

SCHOOL: \_\_\_\_\_

I give permission for my child(ren) to participate in the Walking School Bus program and be photographed for promotional purposes. I will not hold United Way of Central Alabama, YMCA of Greater Birmingham, Jefferson County Department of Health, Regional Planning Commission of Greater Birmingham, staff or volunteers liable for any accidents or injuries.

PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_

Please send me information about becoming a Walking School Bus leader.



**WE PUT SAFETY FIRST**

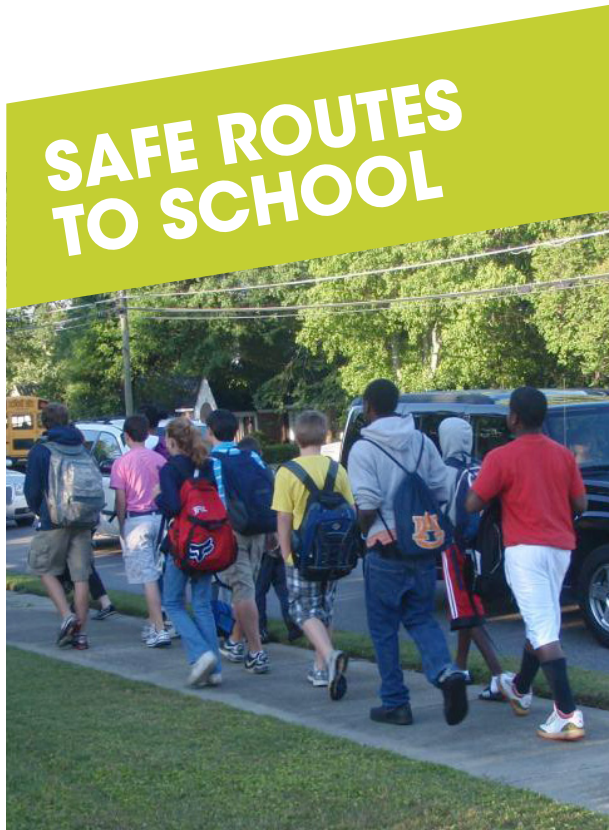
**It starts with our Volunteer Leaders:**

- Trained and certified
- Responsible and dedicated
- Parents are welcome to volunteer to be a Walking School Bus leader

**START THE WALK JOIN TODAY!**

**Each route is designed with your child's safety in mind:**

- Walk stops (meeting points) close to your home
- Trained Volunteer Leaders walk children to school
- Children dropped off and checked in at school door



**IT'S LIKE RECESS BEFORE SCHOOL!**

**Health Benefits:**

- Your child will receive an additional 20-30 minutes of physical activity per day.
- Your child will learn that walking is an easy and fun lifetime physical activity.
- Your child will be part of a national health movement.

**FOR MORE INFORMATION VISIT [WWW.UWCA.ORG/HEALTH](http://WWW.UWCA.ORG/HEALTH)**