

**CHILDCARE and HEADSTART (HS)**

Childcare Resources 1-800-822-2734  
 672-9908  
 Elmore/Autauga Community Action HS (Shelby)  
 JCCDC HS Family Child Care 933-1095  
 JCCEO HS & Early Head Start 327-7500  
 Ratchford HS (Blount) 625-6254  
 St. Clair County HS 338-9694  
 UAB Early HS 934-5736  
 Walker Co Board of Ed.HS 387-0555

**COMMUNITY PARENTING PROGRAMS**

Alabama Cooperative Extension System  
 Jefferson County 325-5342  
 St. Clair County 338-9416  
 Walker County 221-3392  
 Alabama Public Television 451-0129  
 Alabama Teen Challenge 647-6563  
 Birmingham Healthy Start 324-4133  
 Blount County Children's Center 274-7226  
 Childcare Resources 1-800-822-2734  
 Children's Aid Society 251-7148  
 Chilton Shelby Mental Health Center 663-1252  
 Exchange Club Family Skills Center 801-5151  
 Family Guidance Center of Alabama 945-6000  
 Kids and Kin 1-800-499-6597

**COUNSELING**

Amelia Center 251-3430  
 Children's Harbor Family Center 939-6123  
 Collat Jewish Family Services 879-3438  
 Eastside Mental Health Center (St. Clair)  
 338-7525  
 Family Guidance Center of Alabama 945-6000  
 Gateway 510-2755  
 Gateway Community Connections 510-2777  
 Levite Jewish Community Center 879-0411  
 N.W. AL Mental Health Center 302-9000  
 Oasis, A Women's Counseling Center  
 933-0338  
 Samaritan Counseling Center 823-2410

**EDUCATIONAL ASSISTANCE**

Educational Talent Search Program 856-7996  
 Kid's Homework Help Line 744-4500

**HEALTH and SAFETY**

Birmingham Area Chapter – Red Cross  
 458-8282  
 Blount Co. Health Dept. 274-2120  
 Children's Harbor Family Center 939-6123  
 Children's Hospital 939-9100  
 CHECK Center 939-9377  
 Children's Rehabilitation Service 290-4550  
 Jefferson Co. Health Dept. 933-9110  
 KID ONE Transport 1-800-543-7143  
 St. Clair Co. Health Dept. 338-3357  
 Shelby Co. Health Dept. 664-2470  
 Walker County Health Dept. 221-9775

**LITERACY**

Literacy Council of Central Alabama  
 1-888-448-7323  
 Local Public Library (Check Local Listing)

**SCHOOL SYSTEMS**

Birmingham City Schools 231-4600  
 Young Mother's Program 231-4103  
 Blount County Resource Center 625-4103  
 Oneonta City Schools 625-5812  
 Jasper City Schools 348-6880  
 Jefferson County Board of Education 379-2148  
 Shelby County Board of Education 682-7000  
 St. Clair County Schools 594-7131  
 Tarrant City Schools 849-3700  
 Walker County Board of Education 387-0555

**SPECIAL NEEDS**

Alabama Child Find:  
 Birth – Age 3 1-800-543-3098  
 Age 3 – Age 21 1-800-392-8020  
 ARC:  
 Jefferson County 323-6383  
 Shelby County 664-9313  
 Walker County 387-0564  
 Autism Society of Alabama 951-1364  
 Bell Center – Early Intervention 870-0081  
 Easter Seals Pediatric Rehab 621-6503  
 Glenwood, Inc. 969-2880  
 United Cerebral Palsy –  
 Hand in Hand 944-3939  
 Child Care Training/ Support 944-3966

## HOTLINE NUMBERS

Alabama Medicaid Patient Info.	1-800-362-1504
ALL Kids (Health Insurance)	1-888-373-5437
Poison Control Hot Line	1-800-222-1222
Crisis Center Hot Line	323-7777
Crisis Center Teen Link	328-5465
Kid's Help Line	328-5437
Literacy Council of Central AL	1-888-448-7323
Parenting Assistance Line	1-866-962-3030
Prevent Child Abuse Alabama	1-334-242-9500

## LATINO RESOURCES

HICA	942-5505
Multicultural Resource Center	987-4771



GIVE. ADVOCATE. VOLUNTEER.  
**LIVE UNITED.**

[www.uwca.org](http://www.uwca.org)

## Ten Simple Things to Promote Healthy Development

1. Talk and sing with your child
2. Read with your child everyday
3. Provide materials that prepare your child for writing
4. Limit TV viewing
5. Provide opportunities for play and exploration
6. Role model reading
7. Visit libraries and book-stores
8. Give your child a healthy start
9. Select quality child care
10. Instill a life-long love of reading

Source: I Am Your Child  
[www.iamyourchild.org](http://www.iamyourchild.org)

## Family Resource Guide

United Way  
**SUCCESS BY 6**<sup>TM</sup>

Success By 6 is a community-based public-private partnership working together to ensure all children develop the emotional, social, cognitive, and physical capacities and skills they need to enter school ready to learn.

In Partnership With:

