

# Jefferson County Blueprint for School Readiness

## Pre-K Skills for School Readiness

Though all children develop and learn differently, this is a guide that shows what children need to be successful in kindergarten

### Health and Physical Development:

- ✎ uses a pencil or crayon to draw or copy and tries some letters
- ✎ has independent restroom and hygiene skills – zips, buttons, ties, washes hands, & brushes teeth
- ✎ uses tools to color, cut, and paste
- ✎ demonstrates left to right progression
- ✎ shows sense of responsibility and keeps up with belongings
- ✎ gets at least 10 hours of sleep per night and health needs are met
- ✎ has plenty of opportunity to run, skip, jump, hop, and climb

### Social and Emotional Development:

- ✎ listens to, understands, and follows simple 2-3 step directions
- ✎ understands conversation – takes turns talking
- ✎ understands personal space – keeps hands and feet to oneself
- ✎ can play/work in a group – shares, takes turns, and uses self control
- ✎ expresses a range of emotions, needs, wants, and feelings

### Approaches Toward Learning:

- ✎ is curious – asks questions
- ✎ can stay with a self-chosen activity for 15 minutes
- ✎ can stay with a teacher-directed activity for 10 minutes
- ✎ uses a variety of strategies to problem-solve while learning
- ✎ initiates activities in the classroom

### Language Development, Communication, General Knowledge:

- ✎ speaks in complete sentences
- ✎ tells first and last name, age and birthday, and recognizes first name printed
- ✎ knows parents' real first and last name, street address, and phone number
- ✎ shows awareness of the connection between letters and sounds
- ✎ identifies front of a book, holds upright, and turns pages right to left
- ✎ listens to a story, can talk about it, and answer questions
- ✎ tries "writing" to describe ideas and asks adults to write their stories
- ✎ recognizes and understands commonly used words (*mom, stop, dog, the, dad*)
- ✎ sings some songs, and recites some simple rhymes
- ✎ recognizes 6 basic colors (*red, blue, green, yellow, white, black*)
- ✎ recognizes 5 basic shapes (*circle, square, triangle, rectangle, oval*)
- ✎ counts to 10 and recognizes numbers 1 - 5