

Older Relative Caregiver Program



PROVIDING SUPPORT AND ASSISTANCE FOR OLDER RELATIVES CARING FOR CHILDREN

Raising children, as well as caring for someone with a disability, is a labor of love. But that responsibility can also raise a number of issues for older adults as primary caregivers. The Alabama Cares program of United Way's Area Aging on Aging offers help to ease the strain and challenges you may be facing. The goal of the Older Relative Caregiver Program is to provide support and assistance through case management and support groups to help you successfully raise children or care for loved ones unable to care for themselves.

To learn more about this program, call

1-800 AGE-LINE



HELP IS HERE FOR OLDER RELATIVE CAREGIVERS

Whether you need some time to yourself, help with school or advice from others, the Older Relative Caregiver Program of Alabama Cares is here to help.

Services and support may include:

- Temporary financial assistance.
- Back-to-school supplies.
- After-school care or childcare.
- Tutoring programs.
- Summer camp.

Support Group:

- Meets monthly at United Way of Central Alabama.
- Relaxed, confidential environment.
- Meet other caregivers.
- Discover new resources for assistance.
- No cost to attend.

You may be eligible for services if:

- You are 55 or older and live with, and provide care for, a child under the age of 18.
- You are not the parent, but are related to the child by blood, marriage or adoption.
- You provide informal in-home and community care.



For more information or Support Group meeting times, visit www.uwaaa.org/orc or call

1-800-AGE-LINE



United Way
of Central Alabama, Inc.